

### Provider:

Deborah Ely Budding,  
Ph.D.  
509 N. Sepulveda Blvd,  
#202  
Manhattan Beach, CA  
90266  
310-318-8436  
debudding@verizon.net



### Biography:

Deborah Ely Budding, Ph.D. received her BA in Literature from UCLA in 1985. After working as a magazine writer and editor, she attended the California School of Professional Psychology, earning a Ph.D. in Clinical Psychology in 1994. She has worked in a variety of inpatient, outpatient and residential settings, primarily with children, adolescents and college students. She has maintained a private practice since 1996. Dr. Budding received training in neuropsychology through the Fielding Institute. Currently, she provides neuropsychological evaluation, individual and family consultation and psychoanalytically oriented psychotherapy to children, adolescents and adults.

Dr. Budding has particular interest in neurodevelopmental and psychiatric disorders such as ADHD, learning disabilities, mood and anxiety disorders and pervasive developmental disorders. She emphasizes integrating the neurocognitive, emotional and behavioral aspects of these disorders in order help parents better understand and manage the often perplexing and frustrating behaviors demonstrated by their children. She evaluates intellectually gifted children with accompanying learning and attention issues. Dr. Budding also assesses children with regard to cognitive sequelae of endocrine and metabolic disorders, seizures of various etiologies and mild to moderate traumatic brain injuries.

Dr. Budding has spoken to both lay and professional audiences about early intervention for learning and attentional disorders, the importance of multi-disciplinary collaboration and neuropsychological evaluation of neurodevelopmental disorders. She has served as a consultant and expert witness in civil and criminal forensic settings. Dr. Budding lives in the South Bay with her husband and children and practices in Manhattan Beach.